



**CITY OF FERNDALE  
COVID-19/QUARANTINE  
PROTOCOLS  
EFFECTIVE 3/1/2024**

**NOTE: These protocols rescind and replace all prior COVID 19 and/or quarantine protocols as established on 11/25/2020 and amended on 2/5/2021, 8/4/2021, and 1/5/2022.**

**WHAT IS QUARANTINE?** Quarantine (isolation) is used to keep someone who might have been exposed to COVID-19 away from others. This may include quarantining (isolating) an individual within a household away from other family members. Whenever a quarantine period is described below it is from the date of quarantine/separation, not from the date of symptoms or a positive test.

Quarantine helps prevent the spread of disease that can occur before a person knows they are sick or if they are infected with the virus without having any symptoms.

**WHEN IS QUARANTINE REQUIRED?**

If you tested positive for COVID-19, you should quarantine for at least 5 days after your symptoms first appeared. You can leave quarantine after 5 full days IF:

- Your symptoms are improving 5 days after the start of your isolation; AND you have not had a fever for at least 24 hours without the use of fever-reducing medicine.
- You should continue to wear a high-quality mask or respirator around others at home and in public for 5 additional days (day 6 through day 10) after the end of your 5-day isolation period.

**WHEN IS QUARANTINE NOT REQUIRED?**

Quarantine is no longer a standard recommendation after simply being exposed to COVID-19. If you have been exposed to COVID-19, you should take the following steps:

- Get tested 3 – 5 days after your last contact with the person with COVID-19. If you test positive, follow the quarantine directions above.
- If you have been exposed to COVID-19 and have no symptoms but had COVID-19 in the past 30 days, testing is not recommended. If you had COVID-19 within the past 30 – 90 days, use an antigen test (not a PCR test), as PCR results may remain persistently positive even if there is not a new, active infection.
- Wear a high-quality mask or respirator around others at home and in public for 10 days after your last contact with the person with COVID-19.
- Watch for symptoms of COVID-19.